

**TITOLO DEL PROGETTO: Saving and empowering young lives in Europe: promote health through prevention of risk-taking and self-destructive behaviors**

**ACRONIMO: SEYLE**

**REFERENTE SCIENTIFICO UniMol: Prof. Marco Sarchiapone – MeSPeS, email: marco.sarchiapone@unimol.it , Tel. +39 0874404864**

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**CONTRIBUTO UNIONE EUROPEA: 2 983 941 €**

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**CORDINATORE: Karolinska Institutet- Sweden**

**ALTRI PARTNER: Research Division for Mental Health, University for Medical Information Technology UNIT Austria, Estonian-Swedish Mental Health Suicidology, Institute ERSI Estonia Nancy University Medical Center, University of Nancy – France, Clinic of Child and Adolescent Psychiatry, University of Heidelberg UKL-HD Germany, Vadaskert Child and Adolescent Hospital Budapest, VCAH Hungary, National Suicide Research Foundation NSRF Ireland, Schneider Children Medical Center of Israel, Clalit Health Services SCMCI Israel, Department of Health Sciences, University of Molise Italy, Clinical Psychology and Mental Health Department, Iuliu Hatieganu University of Medicine and Pharmacy Romania Mental Health Department, University of Primorska Slovenia, Department of Medicine (Psychiatry), University of Oviedo UNIOVI Spain**

**AREA SCIENTIFICA – KEY WORDS: Promoting healthy behaviors is multi-faceted and no health is possible without mental health. The ultimate outcome of unhealthy and risk-taking behaviors is suicide. Risk-taking and suicidal behavior can be prevented. A pilot intervention study will be implemented to assess the effects of three different health promoting / suicide prevention programs in 11000 students across 11 European countries: 1. TeenScreen -**

screening by professionals of at-risk students through a questionnaire. 2. QPR (Question, Persuade & Refer)