TITOLO DEL PROGETTO: Saving and empowering young lives in Europe: promote health through prevention of risk-taking and self-destructive behaviors

ACRONIMO: SEYLE

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CORDINATORE: Karolinska Institutet- Sweden

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AREA SCIENTIFICA – KEY WORDS: Promoting healthy behaviors is multi-faceted and no health is possible without mental health. The ultimate outcome of unhealthy and risk-taking behaviors is suicide. Risk-taking and suicidal behavior can be prevented. A pilot intervention study will be implemented to assess the effects of three different health promoting / suicide prevention programs in 11000 students across 11 European countries: 1. TeenScreen -
screening by professionals of at-risk students through a questionnaire. 2. QPR (Question, Persuade & Refer)